

## MENU

## BREAKFAST

Served normally at 9:00 a.m. (or at the time requested by the guest) at the VDLS kitchen terrace with a view to the Pacific Ocean.

- Fruit Platter
- Yogurt \& Granola
- Parfait with honey
- Smoothie bowl with chia pudding
- Assorted fruit smoothies \& Green Juice (celery, ginger, spinach, orange juice, guava, pineapple)
- Coffee \& Tea selection
- Sweets:

Pancakes \& waffles: Banana, strawberry, chocolate chip, apple, cinammon)

- VLP style French toast (coconut syrup \& berries compost)
- Toast
- Mexican sweet rolls
- Baggels with cream cheese and jam


## Main Course

## Healthy Options:

- Avocado toast with pouch eggs \& cherry tomato salad
- Oatmeal with your choice of milk (almond, coconut, rice, lactose free, etc.)
- Smoked Salmon toast with multigrain bread \& cream cheese


## Traditional Mexican Options:

- Ranch eggs with corn tortillas, refried beans and Cotija cheese
- Chilaquiles (Green or red sauce) with eggs of your choice, sour cream \& avocado
- Egg burrito stuffed with bacon, onion, pico sauce and mozarella cheese
- Breakfast taco (cheese scrambled eggs)
- Poblano pepper stuffed with scrambled eggs \& mozarella cheese sauce
- Eggs any style: Omelette, scrambled, sunny side up, with your choice of:
Spinach, tomato, onion, bell peppers, mushrooms, bacon, chorizo/spicy sausage, ham, smoked salmon, mozzarella, monterrey Jack, Oaxaca, cheddar cheese)


## **All served with: refried beans and toast.

Sides to choose from: roasted new potatoes, hash Brown, bacon, breakfast sausage.

## Lunch \& Dinners (Family Style)

## Salads:

- Mixed greens salad, goat cheese, grapes \& balsamic dressing
- Grilled Caesar salad with Reggiano cheese and croutons
- Panzanella (tomatoes \& fresh mozarella cheese with basil \& garlic vinagrette)
- Quinoa salad (cucumber, avocado, tomato, parsley \& lemon zest vinagrette)
- Watermelon salad (Fetta cheese, arugula \& red wine dressing)
- Burrata salad (Burrata cheese with mixed greens and basil pesto)
- Red wine pouched pears, goat cheese \& honey dijon mustard dressing.


## Ceviches \& Sashimis:

(Catch of the day)
-Sashimi serranito (Ponzu sauce \& avocado)
-Sashimi cilantro (cilantro mayo \& spicy sesame seed oil)
-Sashimi ginger (ginger emulsion, cucumber \& cilantro)
-Green ceviche (cucumber, celery, granny Smith Apple \& Green tomatoes)
-Mango ceviche (in season)
-Ceviche with cummin oil, radish, lime juice \& crispy garlic
-Sinaloa style ceviche (clamatto juice, soy sauce, chopped cucumber, tomato, onions \& cilantro
-Clamps \& oysters in season

## Family Style Main Dishes

- Smashed Burgers VLP Style
- Taco Party (Flank steak, fish \& shrimp) chicken if it's requested.
- Tempura or breaded fish \& shrimp tacos
- Chicken, steak \& shrimp fajitas with refried or charro style beans, rice \& assorted sauces \& guac
- Mexican style deep fried quesadillas with: chicken, beef or pork
- BBQ Party (spicy sausage, picanha, kiolbassa, rib eye, chicken, corn on the cob, grilled veggies with chimichurri sauce
- Deli lunch (Charcuttery, variety of cheese board) with your choice of bread: chapata, baguette, sourdough. Ranch dressing, chipotle mayo and fries.
- Home made pizzas \& pastas of your choice


## Plated options:

- Roasted catch of the day with coliflower puree, brussel sprouts \& lemon butter
- Roasted Red snapper "a la talla" (guajillo pepper sauce, rice \& avocado salad)
- Ajillo sauce shrimp (confit potatoes)
- Roasted lobster with fettucini \& confit garlic sauce)
- Grilled free range chicken (risotto \& creamy poblano \& kernels sauce)
- Chicken breast with black mole \& Mexican rice
- Roasted filet mignon with Hollandaise sauce \& asparagus with balsamic
- Rib Eye (crusted with blue cheese \& red wine reduction) \& mashed potatoes
- Surf \& Turf (lobster in season)


## Sides of your choice:

- Grilled veggies
- Mashed potatoes (addon truffle oil, zaffran, garlic or Rosemary)
- Mashed sweet potatoes
- Mack \& cheese
- Mixed greens with butter
- Marinated Mushrooms


## Soups \& Creams:

- Tortilla Soup
- Corn Cream
- Carrot Cream
- French green bean cream
- Black bean cream
- Mushroom cream


## Desserts:

- Croissant pudding (caramel \& mezcal sauce)
- Churros with caramel sauce, chocolate sauce \& vanilla ice cream
- Brownies with pecans \& vanilla whipping cream
- Sweet crepes \& waffles with your choice of: banana, strawberry, wild berries, caramel sauce, chocolate, cream cheese)
- "Gio's" flan
- Cheesecake with Raspberries
- K-lime Pie

